

# LAP POOL SCHEDULE

## AUGUST 2018

**AQUATICS FACILITY CLOSURE:**  
 The Aquatics area, including Activity and Lap pools, Spa, Steam Room and Sauna will be closed **August 12-25** for annual maintenance.

Trails Memberships and Punch Cards will be honored at Lookout Pool during this time;  
 Mon-Fri 9a-12p, Sat/Sun 10a-6p

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Adult Lap Swim</b>  <i>All lap swimmers must be willing to share lanes and circle swim if needed.</i>  <i>Lane availability may be restricted due to programming at varying times.</i>	<b>4 Lanes:</b> 7:00 AM – 7:30 PM	<b>4 Lanes:</b> 5:00 AM – 9:30 AM 10:30 AM – 4:00 PM 8:30 PM – 9:30 PM  <b>2 Lanes:</b> 4:30 PM – 8:30 PM <i>Due to Lessons</i>  <b>1 Lane:</b> 9:30 AM – 10:30 AM <i>Due to Aqua Fitness</i>	<b>4 Lanes:</b> 5:00 AM – 9:30 AM 10:30 AM – 4:00 PM 7:15 PM – 9:30 PM  <b>2 Lanes:</b> 4:30 PM – 7:15 PM <i>Due to Programs</i>  <b>1 Lane:</b> 9:30 AM – 10:30 AM <i>Due to Aqua Fitness</i>	<b>4 Lanes:</b> 5:00 AM – 8:30 AM <b>9:30 AM – 4:30 PM</b> 8:30 PM – 9:30 PM  <b>2 Lanes:</b> 4:30 PM – 8:30 PM <i>Due to Lessons</i>  <b>1 Lane:</b> <b>8:30AM – 9:30AM</b> <i>Due to Aqua Fitness</i>	<b>4 Lanes:</b> 5:00 AM – 9:30 AM 10:30 AM – 4:00 PM 7:30 PM – 9:30 PM  <b>2 Lanes:</b> 4:30 PM – 6:30 PM <i>Due to Lessons</i>  <b>1 Lane:</b> 9:30 AM – 10:30 AM 6:45 PM – 7:30 PM <i>Due to Aqua Fitness</i>	<b>4 Lanes:</b> 5:00 AM – 9:30 AM 10:30 AM – 8:30 PM  <b>1 Lane:</b> 9:30 AM – 10:30 AM <i>Due to Aqua Fitness</i>	<b>4 Lanes:</b> 6:00 AM – 9:00 AM 12:00 PM – 6:00 PM  <b>2 Lanes:</b> 9:00 AM – 12:00 PM <i>Due to Lessons</i>
<b>Aqua Fitness</b>	No Classes	Splash 9:30 AM – 10:30 AM	Aqua Zumba 9:30 AM – 10:30 AM  Open for Deep Water Aquacise 6:30 – 7:15 PM	Splash 8:30 AM – 9:30 AM	Splash 9:30 AM – 10:30 AM  Splash 6:45 PM – 7:30 PM	Splash 9:30 AM – 10:30 AM	No Classes
<b>Hot Tub, Sauna and Steam Room</b>	7:00 AM – 7:30 PM *Hot Tub may close at 6:30pm for cleaning. Please call ahead.	5:00 AM – 9:30 PM *Closed for cleaning 7:30-8AM Daily	5:00 AM – 9:30 PM *Closed for cleaning 7:30-8AM Daily	5:00 AM – 9:30 PM **Spa closes at 7:30PM for cleaning **	5:00 AM – 9:30 PM *Closed for cleaning 7:30-8AM Daily	5:00 AM – 8:30 PM *Closed for cleaning 7:30-8AM Daily	6:00 AM – 6:00 PM

**POOL SCHEDULE NOTES:**

- Session 9 of Swim Lessons runs August 27 – September 22. Pool space will be limited during these times.
  - **Scout Troops and Groups of 10 or more wishing to utilize the aquatics area must contact the Aquatics Supervisor at least one week in advance.**
  - Only four swimmers in one lane at a time. Please share lanes and be willing to circle swim when necessary (Swim lessons excluded).
  - Please shower with warm, soapy water before entering the pool or hot tub.
- For questions regarding the Aquatics program, please contact the Aquatics Supervisor at 303-269-8410.

**Pool Schedule is subject to change without notice. Pool space may be shared between activities.**

Revised: 7/25/18

Online Registration, Schedules and More available 24/7 at:  
[www.trailsrecreationcenter.org](http://www.trailsrecreationcenter.org)



Let's get social! Follow us online...

